

IC Team Member Report

Name
Kate Becker
Reporting Year
2026
Overview of my last year's activities
Since joining the team at last years Gic, I've been learning about the role of the IC, corresponding with members regarding concerns and complaints, communicating IBF guidelines about use of logo, accreditation implications, and other misrepresentations of the IBF name. I've also been reflecting on ways that the IC can help support the IBF grow with integrity, and greet the times we are in with grace, efficiency and heart. In the remaining month before the GIC in Greece, I will be studying the IBF bylaws, Taskforce manual, and other support materials, so that I can be helpful and organized for the upcoming AGMs.
Personal note
It is a great honor to serve on this team.
Elected as IC Member in (year)
2025
Will I continue in my position?
Yes
My objectives for the next year
In very short: 1) Where possible, to create systems and protocol for some of the tasks and communications that are recurring. 2) Grow and deepen my working relationships with the ET, and workgroups. This will elevate the support I can provide. 3) Provide counsel and support for our members and teams. 4) Help to infuse our AGMs with passion, focus and clarity.
How much did I enjoy being in my role? On a scale from 0 to 10, where 10 is the best.
8

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How was my experience working with my IC team colleagues? On a scale from 0 to 10, where 10 is the best.
10
How was it for me to work with the Executive Team? On a scale from 0 to 10, where 10 is the best.
9
How do I like where the organisation is heading? On a scale from 0 to 10, where 10 is the best.
8
Will I attend the next conference?
Yes
My Email
ic@ibfbreathwork.org
GDPR Agreement
Accepted
Date of submission
03/06/2026